

Jesus doesn't need you to follow me for you to be considered his follower. You can purchase books to help you gain a better understanding of some of the principles that we will discuss over the next 2 weeks, but it's not necessary. Through the reading of the word and prayer Allow the Holy Spirit to minister to you and bring you into the same truths he has bought me and others into.

The prompts and the schedule are here for thoes who have never gone on a fast. I completed this fast along with someone who had never done a fast before and I saw their life transform.

Read: https://www.llerinabytanzy.com/files/ugd/dd8273_8a8a2846dc4447dcad8a35ca4d316ce5.pdf

for more on possible meal options, as well as other information that will help you along on this fast (books, things to avoid)

I have given scriptures below please don't cheat yourself of revelation. Open your bible and read the full chapter! Don't just go through and do all of the writing points! this is not a journal entry class.

Day 1

Fasting is not the answer Jesus is the answer!

Fasting is a weapon we were given!

Ephesians 6:12

Our struggle is not against flesh and blood but against the rulers, against the authorities against the powers of this dark world, and against the spiritual forces of evil in the heavenly realms.

4 am -(thanksgiving prayer)

Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name. 5 For the Lord is good; his mercy is everlasting; and his truth endureth to all generations. -

Write it :

Write out as many as you can think of and then pray them out loud! you have alot to be thankful for.

Example :

- Father thank you for a sound mind
- Father thank you for your returned health
- Father thank you for the restoration of my marriage

Pray about the things that God said he would do even if they have not manifested yet. Your gratitude is your faith! That God will do what he said he would do ... and your faith moves the father.

READ MATTHEW CHAPTER 8 what a beautiful example of the kind of faith that moves the father

Write it

- write any prophetic words that you have received
- Write All of the curse words spoken over you or your marriage
- write down every lie you have told yourself or your family/friends anyone has told you about your marriage or what type of partner you would be
- Find scriptures that go against the lies that were spoken over your life by yourself or others (become a lawyer in the spirit) (plead your case before the lord)

- Psalms 89: 30-34

30 If his children forsake my law, and walk not in my judgments; -
31 If they break my statutes, and keep not my commandments; -
32 Then will I visit their transgression with the rod, and their iniquity with stripes. 33 Nevertheless my lovingkindness will I not utterly take from him, nor suffer my faithfulness to fail. -
34 My covenant will I not break, nor alter the thing that is gone out of my lips.

- Jeremiah 1:11 The word of the LORD came to me: “What do you see, Jeremiah?” “I see the branch of an almond tree,” I replied. 12 The LORD said to me, “You have seen correctly, for I am watching[b] to see that my word is fulfilled.

” - Isaiah 55:10 The rain and snow come down from the heavens and stay on the ground to water the earth. They cause the grain to grow, producing seed for the farmer and bread for the hungry. It is the same with my word. I send it out, and it always produces fruit.

Write it

-3-5 things you are believing GOD for during this fast (this is related to marriage and family)

Jeremiah 33:3 Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not. Call to me and I will answer you, and will tell you great and hidden things that you have not known. 3

Ask me and I will tell you remarkable secrets you do not know about things to come.

This home is a home of peace! Let it be recorded in heaven that in this house you are GOD!

Noon- prayer/praise and worship

3 pm - repentance/communion

Prayer of repentance

Daniel 9 4 I prayed to the LORD my God and confessed: “Lord, the great and awesome God, who keeps his covenant of love with those who love him and keep his commandments, 5 we have sinned and done wrong. We have been wicked and have rebelled; we have turned away from your commands and laws. 6 We have not listened to your servants the prophets, who spoke in your name to our kings, our princes and our ancestors, and to all the people of the land. 7 “Lord, you are righteous, but this day we are covered with shame—the people of Judah and the inhabitants of Jerusalem and all Israel, both near and far, in all the countries where you have scattered us because of our unfaithfulness to you. 8 We and our kings, our princes and our ancestors are covered with shame, LORD, because we have sinned against you. 9 The Lord our God is merciful and forgiving, even though we have rebelled against him; 10 we have not obeyed the LORD our God or kept the laws he gave us through his servants the prophets. 11 All Israel has transgressed your law and turned away, refusing to obey you. “Therefore the curses and sworn judgments written in the Law of Moses, the servant of God, have been poured out on us, because we have sinned against you. 12 You have fulfilled the words spoken against us and against our rulers by bringing on us great disaster. Under the whole heaven nothing has ever been done like what has been done to Jerusalem. 13 Just as it is written in the Law of

Moses, all this disaster has come on us, yet we have not sought the favor of the LORD our God by turning from our sins and giving attention to your truth. 14 The LORD did not hesitate to bring the disaster on us, for the LORD our God is righteous in everything he does; yet we have not obeyed him. 15 “Now, Lord our God, who brought your people out of Egypt with a mighty hand and who made for yourself a name that endures to this day, we have sinned, we have done wrong. 16 Lord, in keeping with all your righteous acts, turn away your anger and your wrath from Jerusalem, your city, your holy hill. Our sins and the iniquities of our ancestors have made Jerusalem and your people an object of scorn to all those around us. 17 “Now, our God, hear the prayers and petitions of your servant. For your sake, Lord, look with favor on your desolate sanctuary. 18 Give ear, our God, and hear; open your eyes and see the desolation of the city that bears your Name. We do not make requests of you because we are righteous, but because of your great mercy. 19 Lord, listen! Lord, forgive! Lord, hear and act! For your sake, my God

Lerina

By Teracy

Day 2

prayers against idolatry

4 am - prayer of thanksgiving
Enter into his gates with thanksgiving

, and into his courts with praise: be thankful unto him, and bless his name. 5 For the Lord is good; his mercy is everlasting; and his truth endureth to all generations.

Read or even add to your Thanksgiving prayers from yesterday. Anytime you see Thanksgiving for the rest of this fast you know what to do!

Noon - prayer

PRAY! PRAY about the things the Lord has revealed to you through dreams or otherwise! Pray about the things you need clarity on, pray! allow the Holy Spirit to give you prayers Don't waste your time praying about stuff God doesn't even want you to have.

Each time you see Pray you know what to do!

6 pm - repentance/communion

for things we or our family has done.... repent for idolatry
Daniel chapter 9 prayer of repentance (make it personal)

What is idolatry

Idolatry - Anything that you love or loved more than your obedience to God

What infidelity and adultery is to marriage is what idolatry is to God!
We are in a marriage with God (coming back for a bride). Revelation 21:2
-we were created to worship so at all times we are worshiping God or an
idol

An idol of marriage, an idol of Jobs, and an idol of people ect

Make sure we are not taking God's creations and turning them into idols

- Began to break every spiritual umbilical cord from your mother and father's family
- Anything that happened to you while in your mother's womb

If you purchased the [bloodline repentance book](#), this is a good place to pray thoes prayers if not write out prayers and begin to pray thoes. For unknown and known sins of your family. If your mom was going to the fortune teller and you remember it repent, and anything of the sort! A new man at the house each night repent, and anything of the sort! I did this for 5 hours straight! trust me there is alot that the lord will reveal.

Exodus 20 3-5

3 "You shall have no other gods before[a] me.

4 "You shall not make for yourself an image in the form of anything in heaven

above or on the earth beneath or in the waters below. 5 You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God,

punishing the children for the sin of the parents to the third and fourth generation of those who hate me,

Psalms 16:4

4 Troubles multiply for those who chase after other gods. I will not take part in their sacrifices of blood or even speak the names of their

gods.

Idolatry multiplies your sorrow

Genesis 4 8-11

Now Cain said to his brother Abel, "Let's go out to the field." [a] While they were in the field, Cain attacked his brother Abel and killed him.

9 Then the LORD said to Cain, "Where is your brother Abel?"

"I don't know," he replied. "Am I my brother's keeper?"

10 The LORD said, "What have you done? Listen! Your brother's blood cries out to me

from the ground. 11 Now you are under a curse and driven from the ground, which

opened its mouth to receive your brother's blood from your hand.

Anytime you have engaged in idolatry you invoke the wrath of the blood that

cries out against us repent for idolatry When you repeat you are justified (just like you never did it)

Hebrew 12:24

24 to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks a

better word than the blood of Abel.

The blood of Jesus silences the voice of those accusations

Idolatry causes delay. so wherever there is a delay over an area that you have been praying for change repent for idolatry

Ezekiel 14 3-6

3 "Son of man, these men have set up idols in their hearts and put wicked stumbling blocks before their faces. Should I let them inquire of me at all? 4 Therefore speak to them and tell them, 'This is what the Sovereign LORD says: When any of the Israelites set up idols in their hearts and put a wicked stumbling block before their faces and then go to a prophet, I the LORD will answer them myself in keeping with their great idolatry. 5 I

will do this to recapture the hearts of the people of Israel, who have all deserted me for their idols.’6 “Therefore say to the people of Israel, ‘This is what the Sovereign LORD says: Repent!

Turn from your idols and renounce all your detestable practices!

List of idols that you can think of past and present and repent.

“Your reward for idolatry is narcissism, repent! “What areas have you dealt with narcissistic individuals repent for idolatry

Closing

for all have sinned and fallen short of the glory of God, and all are justified freely by his grace through the redemption that came by Christ Jesus.

1) Repent

Break every covenant I made with Jezebel (the system) every time into an agreement with this system for my own comfort , gain or otherwise

Break every evil covenant made with idolatry

Repent for idolatry ask God for forgiveness and you are justified.

Get rid of anything that’s tethers you back to this sin of idolatry

acts 19:19.

19 And a number of those who had practiced magic arts brought their books together and burned them in the sight of all.

2) Renounce

Come out of agreement with every covenant made. from past partners and relationships, anything said during sex is/was a covenant repent

3) Replace

Father, I come into covenant with JESUS Christ! we are covenanted with the new covenant with Jesus Christ!

Palms 23:3

He restores my soul. He leads me in paths of righteousness for his name's sake. 3 He renews my strength.

fragmented pieces of my soul come back to me in the name of Jesus.

Lerina

By Torrey

Day 3

Break the covenant with abortion

4 -6 am - prayer of thanksgiving

Enter into his gates with thanksgiving

, and into his courts with praise: be

thankful unto him, and bless his name. 5 For the Lord is good; his mercy is everlasting; and his truth endureth to all generations.

Same as the last 2 days add more if the Holy Spirit leads you to do so

Noon - prayer

6 pm - repentance/communion

Daniel chapter 9 prayer of repentance (make it personal)

But I've never had an abortion

If you've ever had an abortion if you're a man and someone had an abortion with

your baby, if you never had one but you paid for one or supported a friend or family member

with one... (even if you were just the driver)

Think about the law even if you didn't commit the murder but you influenced it or were there

when it happened you too are guilty. Repent!

Here is what the bible says about Molek

Leviticus chapter 20

20 The LORD said to Moses, 2 "Say to the Israelites: 'Any Israelite or any foreigner

residing in Israel who sacrifices any of his children to Molek is to be put to death. The members of the community are to stone him. 3 I myself will set my face against him and will cut him off from his people; for by sacrificing his children to Molek, he has defiled my sanctuary and profaned my holy name. 4 If the members of the community close their eyes when that man sacrifices one of his children to Molek and if they fail to put him to death, 5 I myself will set my face against him and his family and will cut them

off from their people together with all who follow him in prostituting themselves to Molek.6 “I will set my face against anyone who turns to mediums and spiritists to prostitute themselves by following them, and I will cut them off from their people.7

“Consecrate yourselves and be holy, because I am the LORD your God. 8 Keep my decrees and follow them. I am the LORD, who makes you holy.9 “Anyone who curses their father or mother is to be put to death. Because they have cursed their father or mother, their blood will be on their own head.10 “If a man commits adultery with another man’s wife—with the wife of his neighbor—both the adulterer and the adulteress

are to be put to death.11 “If a man has sexual relations with his father’s wife, he has dishonored his father. Both the man and the woman are to be put to death; their blood will be on their own heads.12 “If a man has sexual relations with his daughter-in-law, both of them are to be put to death. What they have done is a perversion; their blood will

be on their own heads.13 “If a man has sexual relations with a man as one does with a woman, both of them have done what is detestable. They are to be put to death; their blood will be on their own heads.14 “If a man marries both a woman and her mother, it is wicked. Both he and they must be burned in the fire, so that no wickedness will be among you.15 “If a man has sexual relations with an animal, he is to be put to death, and you must kill the animal.16 “If a woman approaches an animal to have sexual relations with it, kill both the woman and the animal. They are to be put to death; their blood will be on their own heads.17 “If a man marries his sister, the daughter of either his father or his mother, and they have sexual relations, it is a disgrace. They are to be publicly removed from their people. He has dishonored his sister and will be held responsible.18 “If a man has sexual relations with a woman during her monthly period, he has exposed the source of her flow, and she has also uncovered it. Both of them are to be cut off from their people.19 “Do not have sexual relations with the sister of either your mother or your father, for that would dishonor a close relative; both of you would be

held responsible.20 “If a man has sexual relations with his aunt, he has dishonored his uncle. They will be held responsible; they will die childless.21 “If a man marries his brother’s wife, it is an act of impurity; he has dishonored his brother. They will be childless.22 “Keep all my decrees and laws and follow them, so that the land where I am bringing you to live may not vomit you out. 23 You must not live according to the customs of the nations I am going to drive out before you. Because they did all these

things, I abhorred them. 24 But I said to you, "You will possess their land; I will give it to you as an inheritance, a land flowing with milk and honey." I am the LORD your God, who

has set you apart from the nations.25 "You must therefore make a distinction between clean and unclean animals and between unclean and clean birds. Do not defile yourselves by any animal or bird or anything that moves along the ground—those that I have set apart as unclean for you. 26 You are to be holy to me because I, the LORD, am holy, and I have set you apart from the nations to be my own.27 "A man or woman who is a medium or spiritist among you must be put to death. You are to stone them; their blood will be on their own heads."

Death

We saw this with Adam and Eve in the garden death doesn't always mean to physically die, but spiritual death is just as if not more detrimental To be spiritually dead or blind is to live outside of being connected to the one true living GOD.

Break the covenant!

Moleck was an idol(god, demon) in the bible who required child sacrfrabies

Perversion, Incest, Lust, Masturbation, fornication, adultery ... the inability to finish what you start. Premature termination of assignments, relationships...

Are signs of this covenant in action let's break it!

Renounce(formally declare one's abandonment of (a claim, right, or possession).

Father in the name of Jesus Christ I break the covenant i made with Moleck

Denounce publicly declares to be wrong or evil.

Don't come into agreement with it, someone says they want to participate in one of these acts to you

express that you don't agree. Remember like the law! if you agree with the murder or participate you

are guilty

Anytime that you haven't done this ..Denounce it now

Divorce separate or dissociate (something) from something else.

Say! I am no longer in a legally binding covenant with Moleck

Replace

Father God in the name of Jesus I come into a new covenant with you !
and i declare that you have

rule reign and authority over my body, my sexual appetite, my marital
appetite, and my desires. any

areas in my life that have been occupied by these spirits Father God in
the name of Jesus I give you

complete control and I ask that you fill those spaces with your Holy Spirit
in Jesus name I pray.

The spirit of infirmity no longer has legal rights to my body! So Father in
the name of Jesus come

out! with all of your roots in Jesus name

Here is a word the lord gave to me in the early morning concerning his
children : <https://www.llerinabytanzy.com/post/my-children>

By Tanzy

By the time I got to day 3, I was overwhelmed with the amount of things
the lord was revealing! if you find yourself experiencing this feel free to
repeat the assignments for the day until the revelation stops flowing.
Make sure that you are taking notes of the things that the lord reveals.
And please don't forget to give to the poor during this time, as this is what
the lord instructs us to do during a time of fasting.

I will try and release the rest of the plan in 3-day increments.
1/2/2024

Llerina

By Torrey